



## ***Congratulations!***

*Someone has done a good deed for you to show they care.  
Now it is your turn to do a good deed for someone else and  
make that person feel good.*









**Please tick one box before  
Paying It Forward.**

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### *Spread some joy!*



*There are lots of good deeds that you could do. Here are a couple of ideas to get you thinking:*

-  Be kind to someone you usually ignore
-  Buy someone a snack from the canteen
-  Help a friend with their homework
-  Write a get well letter to someone who is sick in hospital
-  Do some extra chores at home
-  Help tidy the room for your teacher