Congratulations!

You have received a ‘Pay It Forward’ card. This means that someone has completed a good deed for you and they wish for nothing in return. All they want is that you pass on this card, along with a good deed to someone else in need. It can be as big or small a deed as you would like to make it.

You can ‘Pay It Forward’ anytime you like. If you decide not to ‘Pay It Forward’ then no-one will know but you. Thank you for your support, and we hope your day has been made that little bit brighter by someone’s heartfelt gesture.

Visit www.payitforwardday.com
Please tick one box before Paying It Forward.

Examples
- Returning someone’s shopping trolley
- Buying someone a gift
- Giving a homeless person food vouchers
- Not charging a client for work
- Paying for a stranger’s bus/train pass
- Helping someone else in need

Please Visit: www.payitforwardday.com and tell us your Pay It Forward story