Congratulations!

You have received a ‘Pay It Forward’ card. This means that someone has completed a good deed for you and they wish for nothing in return. All they want is that you pass on this card, along with a good deed to someone else in need. It can be as big or small a deed as you would like to make it.

You can ‘Pay It Forward’ anytime you like. If you decide not to ‘Pay It Forward’ then no-one will know but you. Thank you for your support, and we hope your day has been made that little bit brighter by someone’s heartfelt gesture.

Visit www.payitforwardday.com
Please tick one box before Paying It Forward.

Examples

- Raise funds for your favourite local charity
  (Ideas include: selling chocolates; sausage sizzle; school competition etc.)
- Helping someone else in need
- Send flowers to a local hospital or nursing home
- Assist an elderly neighbour with the gardening

Please Visit: www.payitforwardday.com and tell us your Pay It Forward story